

# 2018-19 Training Schedule / U12 & Up

Tentative schedule - check [boynemountain.com](http://boynemountain.com) for most up-to-date information, and for info on how to sign up for text updates.



Season membership includes all training sessions, plus Speed Camp. Holiday Camp is purchased as a separate add-on to season membership. Most sessions are held on North Boyne. Some will be held on Super Bowl or Nose Dive, depending on training needs. Location and schedule updates are provided to members through the Remind text system.

A one-session trial may be purchased by non-member athletes to try out the program, with advance approval by Cary Adgate or Erik Lundteigen.

## **December**

- 1: 9:00-11:00am, free ski
- 2: 9:00-11:00am, free ski
- 8: 9:00-11:00am, SL
- 9: 9:00-11:00am, SL
- 15: 9:00-11:00am, GS
- 16: 9:00-11:00am, GS
- 22: 9:00-11:00am, SL
- 23: 9:00-11:00am, SL
- 27-30: Holiday Camp (optional add-on)
  - 9:00 - 11:00 am each day
  - 1:00 - 3:00 pm each day

## **January**

- 5: 9:00-11:00am, GS
- 5: 1:00-3:00pm, TBD
- 6: 9:00-11:00am, GS
- 12: 9:00-11:00am, SL
- 12: 1:00-3:00pm, TBD
- 13: 9:00-11:00am, SL
- 19: 9:00-11:00am, GS
- 19: 1:00-3:00pm, TBD
- 20: 9:00-11:00am, GS
- 21: 9:00-11:00am GS
- 26: 9:00-11:00am, SL
- 26: 1:00-3:00pm, TBD
- 27: 9:00-11:00am, SL

## **February**

- 2: Adgate Trophy GS race
- 3: Everett Kircher Cup SL
- 9: 9:00-11:00am, GS
- 9: 1:00-3:00pm, TBD
- 10: 9:00-11:00am, GS
- 16: Speed Camp 9:00am-12:30pm
- 17: Speed Camp 9:00am-12:30pm
- 18: 9:00-11:00am, SL
- 23: 9:00-11:00am, SL
- 23: 1:00-3:00pm, TBD
- 24: 9:00-11:00am, GS
- [25 State High School Championships]

## **March**

- 2: 9:00-11:00am, SL
- 2: 1:00-3:00pm, TBD
- 3: 9:00-11:00am, SL
- 9: 9:00-11:00am, GS
- 9: 1:00-3:00pm, TBD
- 10: 9:00-11:00am, GS
- 16: 9:00-11:00am, SL
- 16: 1:00-3:00pm, TBD
- 17: 9:00-11:00am, SL
- 23: 9:00-11:00am, GS
- 23: 1:00-3:00pm, TBD
- 24: 9:00-11:00am, GS
- 30: 9:00-11:00am, SL
- 30: 1:00-3:00pm, TBD
- 31: 1:00-3:00pm, SL

## **April** - weather permitting

- 6: 9:00-11:00am, GS
- 7: 9:00-11:00am, GS
- 13: 9:00-11:00am, SL
- 14: 9:00-11:00am, SL

Continued training depending on snow conditions.