



SnowSports Academy

Snowboarding Ability Levels

| Ability | Experience | Lifts | Skills | Terrain | Comfort Level | Working Towards |
|--------------------------|--|-----------------------------|---|--------------------------------|---|--|
| First Time | First time on a snowboard | Not yet | Discovering what activities are similar to snowboarding | Teaching area | Adjusting to being on snowboard | A lifetime of wintertime fun |
| Beginner | Previously been on a snowboard | Surface Lifts | Standing in balanced position. Using turns to control speed and stop. | Easiest rated slopes (Greens) | J-Turns | Alternating Heelside and Toeside edges to link turns |
| Advanced Beginner | Riding an easiest slope from top to bottom | Surface Lifts and Chairlift | Linking turns to ride in control | Easiest rated slopes (Greens) | At ease with gliding and sliding | Intermediate Slopes (Blues) |
| Intermediate | Rides on all green runs in control | Chairlift | Carves to turn and adjusts readily to bumps and jumps. | Intermediate Slopes (Blues) | Ready to adjust to changes in the terrain | Most Difficult Slopes (Blacks) |
| Advanced | Rides all blue runs in control | Chairlift | Proficient on all slopes in any condition | Most Difficult Slopes (Blacks) | Anything on the mountain | That Perfect Turn |