

Membership— With All the Benefits.

If one visit to The Spa at Boyne Mountain is a treat, membership is cause for celebration. Available for three-month, nine-month, and annual terms, our membership provides a variety of benefits.

MEMBERSHIP BENEFITS

- Unlimited access to our fitness facility featuring all new and state-of-the-art equipment
- Daily group fitness classes including yoga, conditioning, aqua aerobics, cardio, and more
- Separate women's and men's relaxation lounges and locker rooms
- Plush robe and spa sandals
- Complimentary guest passes*
- Access to Mountain Grand Lodge and Spa heated indoor/outdoor pool
- Family access to outdoor tennis courts
- Discounts on spa services and private fitness training
- Resort charging privileges
- Annual private locker purchase options (annual members only)

* Limited

Day spa passes or bundles of ten passes are also available for purchase. To join, call 231.549.7103

Reservations: 231.549.7946

Boyne Mountain Resort

1 Boyne Mountain Road
Boyne Falls, MI 49713
Inside Mountain Grand Lodge and Spa

boynemountain.com/spa

Earn and redeem | **BoyneRewards**SM

Prices, hours, and services are subject to change. © 2015



An Alpine Oasis... For a Life Well Lived.

The subtle aroma of mountain botanicals.
Warm earth tones in a cool modern setting.
The silvery sound of relaxed laughter.
A distinctly European simplicity of form and function.

You've arrived.

Now unwind, let loose and feel free to treat yourself to the simple indulgences you've earned. The Spa at Boyne Mountain, with its spectacular views of the mountain, is an extension of the full alpine experience. Nestled in—and inspired by—the natural beauty it looks out on, The Spa is designed to rejuvenate and recharge active adventurers. A refuge where friends can reconnect while lounging in soft robes by the fire, and where individuals will find the perfect pampered complement to a day on the slopes, links or trails. This space—and our time—is all about you.

Specialists in the science and art of reflexology, relaxation, massage, and wellness, The Spa provides amenities you can expect of the resort—cedar saunas, steam rooms, whirlpools, relaxation and treatment rooms, fitness facilities, and a full salon—at a level that exceeds those expectations at every turn.

Revel in the unhurried and settle in with a welcoming mimosa or toasty warm cocoa as you embrace every indulgence.

A Day Well Spent.

The Spa's trained specialists are dedicated to your relaxation—and your well being. Choose from a comprehensive menu of treatments offered in the 19,000 square foot facility and allow relaxation to begin with a European Bathing Ritual. Spa treatment options are tailored specifically to men, women, and couples.

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- Day Spa Journeys
 - Massage
 - Body Treatments
 - Aromatherapy
-

Day Spa Pass includes access to relaxation lounges; use of lockers, robes, and sandals; whirlpool, steam room, and cedar sauna access; and full use of the spa pool courtyard, fitness facilities, and group exercise classes.

The Salon—a Place of Beauty.

Where our spa treats your body, our salon tends to the details—refreshing your senses with revitalizing treatments that leave you feeling alive, well, and thoroughly relaxed.

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- Facials
 - Hair
 - Waxing
 - Make-up
 - Manicures and Pedicures
 - Ski Boot Relief
 - Finishing Touches
-

The Perfect Fit.

For a more active introduction to your spa experience, our state-of-the-art fitness facilities and skilled trainers will raise your heart rate—and get your endorphins flowing. Whether you're looking for a long-term regimen or a quick workout, you'll find the equipment, guidance, and facilities you need to exceed your expectations.



THE SPA
— AT BOYNE MOUNTAIN —

European Bathing Ritual

Prepare your body and mind for total relaxation in traditional European style. We recommend a self-guided circuit of dry and wet amenities to stimulate your body, using cycles of heating and cooling experiences prior to your treatment.

- Begin by relaxing in our warm and soothing whirlpool, then enjoy a stimulating cool shower.
- Next, refresh with an aromatherapy spritzer in our cedar sauna, followed by a stimulating cool shower.
- Complete the relaxation circuit by enjoying a purifying steam with a cool moistened towel, finishing with a stimulating cool shower.



Day Spa Pass is included in all Day Spa Journeys

ALPINE ROMANCE JOURNEY • \$495

- 80 minute Twice as Nice Massage (*Two People*)
- 50 minute Eminence Customized Facial for Her
- 50 minute Gentlemen's Hot Towel Facial
- Split of Sparkling Wine

NORTHERN ESCAPE • \$330

- 50 minute Swedish Massage
- 50 minute Alpine Body Bliss
- 50 minute Eminence Customized Facial

CLASSIC • \$220

- 50 minute Swedish Massage
- 50 minute Eminence Customized Facial

GRAND RETREAT • \$285

- 50 minute Swedish Massage
or 50 minute Eminence Customized Facial
- 25 minute Scalp Ritual
- 50 minute Alpine Pedicure
- 50 minute Alpine Manicure

MOM-TO-BE • \$275

- 50 minute Kneading Mom Massage
- 50 minute Eminence Customized Facial
- 50 minute Alpine Pedicure

DISCOVERY • \$220

Your choice of three:

- 25 minute Exfoliation
- 25 minute Reflexology
- 25 minute Scalp Ritual
- 25 minute Swedish Massage
- 25 minute Quick Pick-Me-Up Facial



50
or
75

MINUTES

\$130

or

\$160

HOT TODDY FOR THE BODY

Warm yourself from the outside in with this delicious treat for your skin. Your journey begins with a Kentucky bourbon-infused brown sugar scrub that brings softness to the skin. A warm honey mask with live fruit cells envelops the skin, infusing deep hydration and locking in moisture. A sultry-sweet cinnamon body oil, rich in antioxidants, completes your scrumptious treatment leaving you relaxed and rejuvenated.

50
or
75

MINUTES

\$130

or

\$160

MOUNTAIN MELT

Melt away the day with this soothing treatment. Skin is smoothed and polished by an herbal tea sugar scrub with juicy notes of peaches and ginger. Next, a blood orange and honeysuckle shea butter custard, infused with live fruit cells, brings vitamin-packed softness to the skin. A sweet clementine body oil completes your service to hydrate and replenish the skin, bringing out your best glow.

50
or
75

MINUTES

\$130

or

\$160

ALPINE BODY BLISS

Bliss awaits in this skin renewing treatment. Enjoy a refreshing citrus grass salt scrub to exfoliate the skin. A prickly pear cactus wrap warms and hydrates to tighten and tone. Silkiness and softness are sealed in with an agave nectar body oil, enriched with a blend of powerful anti-aging extracts that leaves skin youthful and radiant.



25

MINUTES

\$85

EXFOLIATION

Indulge in this invigorating exfoliation personalized just for you! A delicious scrub smoothes away the rough edges, leaving your skin soft and hydrated. Enjoy as a single treatment or add to any massage.

25

MINUTES

\$85

SCALP RITUAL

The perfect addition to any treatment. Drift away with the scent of lavender or eucalyptus, blended with warm oil that conditions and stimulates the scalp. This luxurious ritual is sure to leave you in a state of bliss.





**25,
50,
or
80**
MINUTES

\$80,
\$125,
or
\$160

SWEDISH

The benefits of healing the body, mind, and spirit through touch are a tradition within nearly every culture. Soothing therapeutic massage melts away stress and tension, leaving you refreshed and relaxed. This massage consists of light to medium pressure.

**50
or
80**
MINUTES

\$145
or
\$190

DEEP TISSUE

This therapeutic treatment involves deep, slow strokes and pressure points to access the deeper layers of muscle and fascia. Benefits of a deep tissue massage include relief of chronic pain and muscle tension.

**50
or
80**
MINUTES

\$130
or
\$170

SPORTS MASSAGE

Involving a combination of traditional Swedish massage, stretching, and enhanced range of motion, this massage is perfect just before or after golfing and skiing.

**50
or
80**
MINUTES

\$250
or
\$320

TWICE AS NICE

Have your partner by your side as two of our therapists provide calm, relaxing massages in the tranquility of our Couples Massage Suite. Additional fees apply for upgraded massages.

**50
or
80**
MINUTES

\$130
or
\$170

ONCOLOGY MASSAGE

Using techniques to safely work with the complications of cancer and cancer treatment, an Oncology Massage decreases side effects, pain, anxiety, and stress. Your therapist will use light to moderate pressure and tailor the treatment to your needs.

**25
or
50**
MINUTES

\$85
or
\$130

REFLEXOLOGY

Stimulating the reflex areas of your feet and hands sends a wave of relaxation throughout your body and restores energy and balance.



75
MINUTES

\$190

ZEN TRILOGY

Restore balance to your soul with Asian-inspired bamboo massage and a trio of techniques to ground your senses. Utilizing Swedish, shiatsu, and reflexology, your therapist kneads your stress and tension away and helps you to achieve total zen. This signature treatment takes you to another state of relaxation as your therapist performs a scalp ritual to complete your Zen Trilogy.



75
MINUTES

\$190

PETOSKEY HOT STONE

A collection of basalt and fossil stones, found only in northern Michigan, are heated to comfortably penetrate tight and sore muscles. The combination of aromatherapy oils and warm stones melts away your tension and stress, leaving your body in a state of deep relaxation.



**25,
50,
or
80**
MINUTES

\$85,
\$130,
or
\$170

KNEADING MOM

Prenatal massage is extremely effective in easing stress on your body during pregnancy. Relaxing your body helps to create a nurturing environment for your growing baby.





50
or
80
MINUTES
\$145
or
\$190

AROMATHERAPY

Use of essential oils derived from plant and flower extracts enhance the benefits of this treatment. Stimulating your senses as your skin absorbs the oils, your massage allows the oils to carry specific healing properties throughout your body. You choose the blend of oils for maximum refreshment and relaxation.



75
MINUTES

\$160

EPICUREN AWAKENING

This signature facial utilizes vitamins, complex proteins, and metadermal enzymes that enhance your skin's appearance. After cleansing and a invigorating exfoliation, a series of tightening masks are applied. These unique masks target the areas of your skin that need firming and toning while you receive a relaxing hand and arm massage.





50
or
75
MINUTES

\$130
or
\$170

EMINENCE ORGANICS CUSTOMIZED FACIAL

Using Eminence Organics Skin Care products, this purifying facial begins with a thorough cleansing, followed by toning and a gentle, yet results-oriented exfoliation with active fruit enzymes and acids to firm, brighten, calm, and clear your complexion. Bioactive serums are massaged into the skin to enhance results. Your facial concludes with a tailored treatment mask and relaxing arm massage. This facial is customized for your specific needs.



50
or
75
MINUTES

\$130
or
\$170

STONE CROP HYDRATING FACIAL

Indulge in this irresistible treatment featuring stone crop, an exotic succulent rich in antioxidants. Stone crop dramatically increases moisture content and skin health, revealing radiance and youth. Great for everyone, this thirst-quenching facial leaves skin calm, clean, balanced, and bright.

50
MINUTES
\$130

YOUTH SHIELD

(Ages 12 - adolescent) Balance the skin and prevent breakouts with mattifying red currant and antibacterial tea tree oil. A unique infusion mask delivers an award-winning Youth Antioxidant Complex deep into the skin to protect and repair. This hydrating and balancing facial leaves your skin clean, fresh, and radiant.

50
or
75
MINUTES

\$130
or
\$170

ARCTIC BERRY ILLUMINATING FACIAL

Drench your skin in decadence with a blend of arctic berries, hibiscus flowers, and peptides to treat aging, hyperpigmentation, sensitivity, and even acne. An arctic berry peptide peel uses natural enzymes to gently exfoliate, refining skin texture and tone. Finish with an exclusive Peptide Illuminating Complex targeting collagen loss, dehydration and inflammation, for a clearer, smoother, and more luminous complexion.

50
or
75
MINUTES

\$130
or
\$170

FIRE & ICE AGE CORRECTIVE FACIAL

Enjoy a natural lift with an organic facial that leaves skin instantly refreshed, tightened, and smooth. Exotic neroli and monoi oils, hydrating coconut, and strengthening bamboo nourish fine lines and diminish wrinkles. Skin feels plump and youthful as a Natural Retinol Alternative boosts collagen and Swiss Apple Stem Cells replenish the epidermis. Your treatment concludes with a chilled organic masque and lightly whipped moisturizer.

25
MINUTES
\$85

EMINENCE ORGANICS QUICK PICK-ME-UP FACIAL

An ideal facial for those on the go. Includes cleansing, exfoliation, and a mask.





**25,
50,
or
80**
MINUTES

\$80,
\$125,
or
\$160

SWEDISH

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**50
or
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MINUTES

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or
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DEEP TISSUE

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**50
or
80**

MINUTES

\$130
or
\$170

SPORTS MASSAGE

Involving a combination of traditional Swedish massage, stretching, and enhanced range of motion, this massage is perfect just before or after golfing and skiing.

50

MINUTES

\$130

GENTLEMEN'S HOT TOWEL FACIAL

A customized facial with the addition of warm towels and steam that opens pores to deeply clean and purify.



130
MINUTES
\$250

RE-ENERGIZE

- 80 minute Swedish Massage
- 50 minute Gentlemen's Hot Towel Facial

25
MINUTES
\$85

EXFOLIATION

Indulge in this invigorating exfoliation and personalized treatment. A delicious scrub smoothes away the rough edges, leaving your skin soft and hydrated. Enjoy as a single treatment or add to any massage service.

50
MINUTES

\$55
manicure

\$65
pedicure

SPORT MANICURE OR PEDICURE

Make a great first impression with well-manicured nails. Kick back and relax with our cuticle care, nail maintenance, and buffing. Invigorate with our rosemary hand or foot massage focused on stiff and overworked joints.

SALON SERVICES

- Men's Haircut \$25
- Chest Wax \$80
- Back Wax \$80



50
MINUTES

**ALPINE MANICURE
OR PEDICURE**

\$55
manicure
\$65
pedicure

Concentrate on the care of your hands or feet. Once buffed and filed, an aromatic alpine scrub and mask is applied, while you enjoy a warm shoulder wrap and complimentary beverage. Slide into a state of bliss with a hydrating massage. Your treatment is complete with a buff or polish of your choice.

50
MINUTES

**SHELLAC MANICURE
OR PEDICURE**

\$65
manicure
\$75
pedicure

A nurturing Manicure or Pedicure finished with Shellac application.

50
MINUTES

WATERLESS PEDICURE

\$65

Enjoy all the benefits of our Alpine Pedicure with the healthy advantage of warm towel wraps to soften and relax your feet. This pedicure is a great alternative for immune suppressed guests.

25
MINUTES

**EXPRESS MANICURE
OR PEDICURE**

\$35
manicure
\$45
pedicure

This "quick-fix" includes cuticle care, nail maintenance, lotion application, and polish.

**MANICURE OR PEDICURE
ENHANCEMENTS**

• French Polish \$15 • Paraffin \$15

15
MINUTES

POLISH CHANGE

\$15

COLOR ARTISTRY (Pricing starts at...)

- Color Retouch \$60
- Foil \$85
- Corrective Color \$80/hour
- Brow Tint \$20
- Basic Color \$75
- Design Color \$95
- Lash Tint \$20

HAIR ARTISTRY

- Shampoo and Blow-dry \$35
- Cut and Style \$45
- Child Cut (10 & under) \$15
- Bridal / Special Occasion \$65
- Child Special Occasion (10 & under) \$35

CONDITIONING TREATMENTS

- Malibu C Hair Treatment \$60
- Moroccanoil Scalp Treatment \$60
- Moroccanoil Hair Conditioning \$60

WAXING

Waxing services for guests ages 16 and up.

- Arm \$50
- Half Leg \$50
- Lip \$22
- Brow \$22
- Underarm \$30
- Full Leg \$80
- Chin \$22
- Bikini \$50

Jane Iredale™

- Makeup Application \$55
- Makeup Lesson \$75
- Faux Lash Application \$15

SKI BOOT RELIEF • \$45 (25 minutes)

After a full day of fun on the slopes, kick off your boots and relax with a foot soak, foot reflexology, and lotion application.





Wellness

Allow our professional fitness staff to tailor a program to your specific needs. Private personal fitness and yoga training are available with advance reservations. Group fitness classes are offered daily and along with access to state-of-the-art facilities, are included with Day Spa Pass. Our fitness class schedule is available at boynemountain.com/spa.

DAY SPA PASS • \$35

Day Spa Pass includes access to relaxation lounges, locker, robe and sandals, whirlpool, steam room and cedar sauna, spa pool and courtyard, state-of-the-art fitness facilities, and group fitness classes. *Day Spa Pass availability may be limited during peak times.*

Weddings & Groups

Whether you are the bride-to-be hosting your bachelorettes, getting ready for your big day, or just want to be pampered with those closest to you, our nature-infused Group Suite offers an unforgettable day of relaxation. Select from our menu of group packages, or pick and choose the soothing services that best suit your group. A champagne toast, chocolate covered strawberries, and items from our special catering menu are options for your gathering. After all, indulgence is more fun when shared with others.

To reserve the Group Suite or plan a group spa day, call 231.549.7946.

