



**SnowSports Academy**

## Skiing Ability Levels

Ability	Experience	Lifts	Skills	Terrain	Comfort Level	Working Towards
<b>First Time</b>	First time on skis	Not yet	Discovering what activities are similar to skiing	Teaching area	Adjusting to being in ski boots	A lifetime of wintertime fun
<b>Beginner</b>	Previously been on skis	Surface Lifts	Standing in balanced position. Using turns to control speed and stop.	Easiest rated slopes (Greens)	Slow speeds	Linking Turns
<b>Advanced Beginner</b>	Skiing an easiest slope from top to bottom	Surface Lifts and Chairlift	Linking turns to ski in control	Easiest rated slopes (Greens)	At ease with gliding and sliding	Intermediate Slopes (Blues)
<b>Intermediate</b>	Skis on all green runs in control	Chairlift	Carves to turn and adjusts readily to bumps and jumps.	Intermediate Slopes (Blues)	Ready to adjust to changes in the terrain	Most Difficult Slopes (Blacks)
<b>Advanced</b>	Skis all blue runs in control	Chairlift	Proficient on all slopes in any condition	Most Difficult Slopes (Blacks)	Anything on the mountain	That Perfect Turn